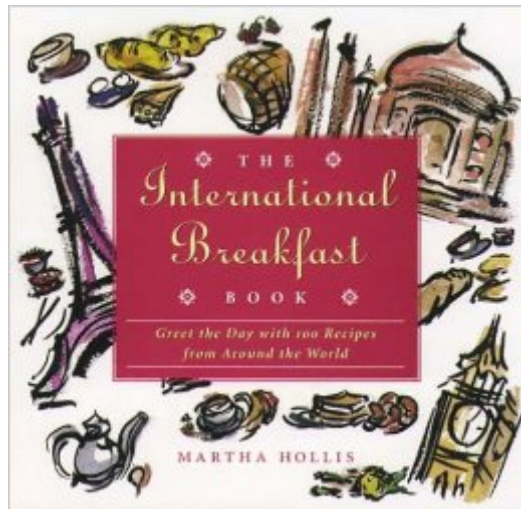


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The International Breakfast Book: Greet The Day With 100 Recipes From Around The World



Synopsis

The most important meal of the day deserves something more interesting than a piece of toast and a cup of coffee. The International Breakfast Book revolutionizes the morning meal ritual by exploring breakfast menus and eating styles from Europe, Africa, Asia, Australia, and the Americas. There is no limit to the variety and bounty of the dishes with which to greet the day. The Japanese eat miso soup with fish, seaweed, and rice; Italians snack on freshly baked pizzas; and Mexicans enjoy Chicken Chilaquilies. On the other hand, American pancakes are considered a dessert in the Netherlands and Hungary. The chapters are conveniently sorted by ingredients, and there are anecdotes that describe breakfast traditions and dining adventures around the world.

Book Information

Hardcover: 274 pages

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ISBN-13: 978-0028610115

Product Dimensions: 0.8 x 7.8 x 7.8 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #805,284 in Books (See Top 100 in Books) #260 in [Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Breakfast](#) #306 in [Books > Cookbooks, Food & Wine > Regional & International > International](#)

Customer Reviews

So much more than just a cookbook... The cleverly written and descriptive prose allows the reader to understand more about the culture where the dish has its origin, and to imagine what it would be like to experience the dish in its native environment. In addition, the high quality of the publication, in layout and print and paper quality, make it a treasure to have on the bookshelf. I highly recommend this work for anyone seeking not only a culinary but also a cultural experience. Top notch!!

This a charming and entertaining book, filled with great recipes (many from elegant resort hotels). There are recipes for all skill levels - from the simple (and yummy) to the complex (and delicious). Foods that might be considered traditional in America are presented with flair. However, the book focuses much more on wonderful, unfamiliar (to us), combinations of foods from around the world.

You can try Native American breakfasts, Asian rice dishes, Mexican breakfast soup, and Indian Lentil-Rice Cakes with Curried Potato, to name only a few. Many of these dishes would be just as suitable for a light supper as for breakfast. Just writing this review makes me want to run to the kitchen and prepare something - I think I will! I purchased this book used, as it is currently out of print. If you can find a copy, buy one!

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